

**State Health Plan
Annual Enrollment
March 15-April 9, 2010**

Comprehensive Wellness Initiative

- Tobacco Cessation Component begins July 1, 2010
- All State Health Plan (SHP) members will be moved to the 70/30 Basic Plan during annual enrollment with an effective date of July 1, 2010

Tobacco Cessation Component

- If you or your covered dependents are tobacco users, no action is required unless you and/or your covered dependents are in a tobacco cessation program. You will remain in the 70/30 Basic Plan.
- You will have to **take action to move to the 80/20 Standard Plan** by going online to “attest”. You will attest for all covered dependents.

How Do I Attest?

- You can attest through the online enrollment system. This is a legally binding document.
- You can attest that you and/or your covered dependents are in a qualified tobacco cessation program. OR
- You can attest that you and/or your covered dependents are non-tobacco users.

Approved Tobacco Cessation Programs

- NC Tobacco Use Quitline ,1-800-QUIT-NOW Open 8:00am-3:00am, 7 days a week (**free**). Participants can obtain a completed form from Quitline. This form should be maintained by the participant.
- Tobacco cessation program through a physician, nurse practitioner or physician assistant. Co-pays may apply. A Physician Certification Form is required and should be maintained by the participant.

Tobacco Cessation Medications

The following **prescription** medications are covered:

- Nicotine Replacement Therapy Patches with a prescription:
 - \$10 generic copay
 - \$5 over-the-counter generic copay
- Bupropion (generic for Zyban): \$10 generic copay
- Nicotrol Nasal Spray, Nicotrol Inhaler, Varenicline (Chantix): \$35 copay

SHP Annual Enrollment Online

- You will be able to access online enrollment through the MyPack Portal or <https://ncsubenefits.hrintouch.com/> (March 15-April 9)
- Two ways to attest for the 80/20 Standard Plan:
 - You and your covered dependents are non-tobacco users
 - If tobacco users, you and/or your covered dependents are enrolled in a qualified tobacco cessation program (Physician Certification Form or NC QuitLine enrollment form required)
- You can make changes to your coverage level, enroll, cancel and add/drop dependents.

NORTH CAROLINA STATE UNIVERSITY



NC STATE UNIVERSITY

For Technical Support,
Please Contact Us.
866.822.8688
Monday through Friday
8:00 a.m. to 6:00 p.m. ET

Login ID

Password

By clicking Login, you agree to the [Terms of Service](#)

Login ID Format:

Welcome to HR InTouch!

Once you log in, you will find a powerful website with interactive tools and videos to help you learn more about the company, your benefits and other topics of interest. Using HR InTouch, we hope that you will find everything you need to make better healthcare and benefit decisions.

This login page will periodically display important notes and messages, such as dates for software updates and descriptions of new features. These updates are a commitment to enhance the application to make the most of your HR InTouch experience.

Logging in to the Online Enrollment System



Login ID is your
9-digit employee
ID number

Password is your date of birth in a
numerical format: MMDDYYYY
October 22, 1964: 10221964
February 17, 1956: 02171956

Additional Information

- An RFP for the nicotine testing vendor has been released
- Random testing will be performed off-site after July 1 for members in the 80/20 Standard Plan
- Members who test positive for nicotine:
 - Will be moved to the 70/30 Basic Plan back to July 1st
 - Will forfeit deductible and coinsurance paid after July 1st
 - Must remain in 70/30 Basic Plan for the next benefit year: 2011-2012.
- Member privacy will comply with state and federal laws including HIPAA compliancy

State Health Plan Rate Increases Effective July 1, 2010 (June payroll)

Coverage Types	70/30 PPO Basic Monthly Rate	80/20 PPO Standard Monthly Rate	Employer Contribution for employee-only
Employee	-0-	-0-	\$410.80
Employee + Child(ren)	\$178.68	\$237.62	\$410.80
Employee + Spouse	\$460.36	\$547.48	\$410.80
Employee + Family	\$490.34	\$580.44	\$410.80

Additional Benefit Reminders

- This annual enrollment only applies to the State Health Plan.
- In July, the SHP will begin a dependent eligibility verification. Letters will be sent to members' homes requesting dependent documentation
- A Body Mass Index (BMI) wellness component will go into effect on July 1, 2011.

Additional Resources

- Visit www.shpnc.org for additional resources on wellness, health coaches and disease management.

Review Your Benefits Deductions

- Go to www.ncsu.edu and click on MyPack Portal. Log in with your Unity ID and password
- Select Employee Self-Service
- Under Payroll and Compensation, select “view paycheck” to review your deductions
- Contact your Benefits Consultant if you have any issues with your benefits.



University Awards for Excellence Nominations are Underway!

- Recognizes the accomplishments and achievements of NC State employees
- 18 University units/colleges select 48 total employees to recognize as award recipients
- Campus colleges/units deadlines are fast approaching!
- 5 University-level winners (4 SPA and 1 EPA) will be recognized June 8th at 2:00 in Talley Student Center Ballroom!





Employee Appreciation Day March 17th 10:30 am- 1:30 pm

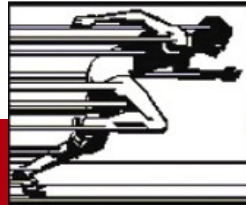
- Carnival will be held @ Talley Student Center, Rain or Shine!
- Employee Appreciation Day will feature Food, Carnival Games, Karaoke, Cotton Candy, Musical Chairs, Ice Cream, Popcorn, Team Trivia and much more!
- Stop by the “***Annual Enrollment Headquarters***” where employees can make their benefits selections on site & win prizes! Please Note: A special information session by the State Health Plan will be held at 11:30 am.
- Come out and enjoy a day of **FUN** just for **YOU!**





Adverse Weather

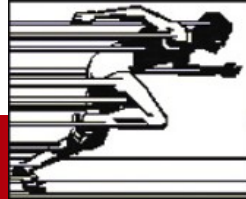
**Debra Harrison
Leave Systems Analyst
Benefits - Leave Administration Unit**





Adverse Weather

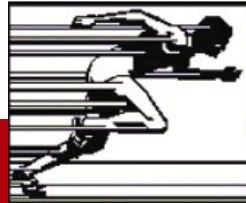
- On Monday, February 1, 2010, the University was operating under Adverse Weather - Status 3.
 - Essential employees were expected to report to work as normal.
 - Non-essential employees are encouraged to report to work but the university recognizes personal factors may interfere. Employees are expected to use their own judgment. They may use leave or make up the time within the next 12 months as prescribed under the Adverse Weather policy.
- On Tuesday, February 2, 2010, the university was open for normal operating hours
 - Any time missed after February 1, 2010, employees must use accrued leave or take leave without pay.
 - Absences cannot be recorded as Adverse Weather and cannot be made up.





Adverse Weather

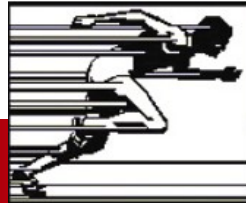
- When the University announces that classes or other campus activities are cancelled - or that classes are being held under adverse weather advisory (Status 3 or 4):
 - Essential Personnel
 - Regular, leave-earning, SPA staff and EPA professionals (non-faculty) are required to report to work as normal.
 - Do not earn leave on an hour for hour basis under Status 3 or 4 - Only earn hour for hour under Status 1 or 2
 - Non-Essential Personnel
 - Regular, leave-earning SPA staff and EPA professionals whose presence is not required may use accrued annual leave, comp time, or bonus leave for work time missed. If no paid leave is available, they may take time off without pay. Alternatively, they are permitted to make up the absence within 12 months.





Adverse Weather

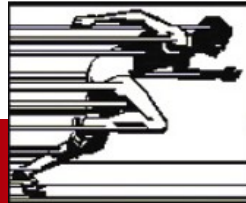
- **Making up Adverse Weather Time under Status 3 or 4:**
 - Policy instructs that for non-exempt employees “time should be made up at the "straight time" pay rate, either during the same workweek, or in a week in which the employee would not otherwise work 40 hours (such as a week that includes a vacation, holiday, or sick day).
 - Exempt employees can make up the time at a time mutually agreeable to their supervisor.
 - Can make up time in weeks where they have already worked 40 hours.
 - Time not made up within the 12-month period will be charged against annual or bonus leave if available or adjusted from pay.





Adverse Weather

- For additional information on the University Adverse Weather regulation, please visit:
 - www.ncsu.edu/policies/campus_environ/health_safety_welfare/REG0-4.20.7.php





Questions?

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