

# NCSU COMPLIANCE NEWSLETTER

## September 2008

Welcome back for the 2008-2009 academic year! This newsletter is designed to provide student-athletes information about issues relating to compliance and eligibility. Please contact the Compliance Office Staff at anytime throughout the year with questions or concerns.

### Countable Athletically Related Activities

#### What are Countable Athletically Related Activities?

Any required activity with an athletics purpose you are involved in at the direction of or supervised by one or more of your coaches (including strength & conditioning coaches).

During your season, your participation is limited to a maximum of 4 hours a day and 20 hours a week with one required day off.

Outside the playing season and for sports other than Football, student-athletes may participate in required weight-training, conditioning and skill-related instruction. These activities are limited to a maximum of 8 hours a week with no more than 2 of the 8 hours spent on skill-related workouts and you are required to have 2 days off.

#### Some examples of Countable Athletically Related Activities include:

practice, competition, required weight training, film, meetings initiated by coaches, individual workouts

#### Some examples of Non-Countable Activities include:

physical rehab, study hall, medical exams, voluntary workouts, compliance meetings, academic meetings

*Voluntary activities or activities initiated by the student-athlete are not included in the daily and weekly limits. An activity is not voluntary if a student-athlete is punished for not attending.*

**If you have questions about your required hours, please contact the Compliance Office.**

### Compliance Office Changes

Some changes have occurred in the Compliance Office over the summer.

**Jon Fagg** accepted a position at the University of Arkansas and is no longer at NC State.

**Michelle Lee** has been promoted to Interim Associate AD for Compliance.

**Scott Byrd** was hired as Director of Compliance in August. Prior to coming to NC State, he spent two years in the Compliance Office at Wake Forest.

**Jason Hall** is working as our Compliance Intern for the 08-09 academic year. He is a graduate student in the Parks & Recreation Department and is on track to graduate in May.

### This month...

This Newsletter covers the following topics:

- Practice Limits
- Staff Changes
- Current Event
- Warning Signs



### Contact Information

#### Michelle Lee

Interim Assoc. AD, Compliance

(919) 515-5076

Michelle\_lee@ncsu.edu

#### Scott Byrd

Director of Compliance

(919) 515-2902

Scott\_byrd@ncsu.edu

#### Megan Finch

Asst. Director of Compliance

(919) 515-2560

Megan\_finch@ncsu.edu

#### Jason Hall

(919) 513-1676

Compliance Intern

## **Current Event: Gambling**

### **FBI: Probe into allegations at Toledo appear to be related**

TOLEDO, Ohio (AP) — Point-shaving allegations against a former University of Toledo basketball player are related to gambling charges filed last year against a former Toledo football player, an FBI spokeswoman said.

Sammy Villegas, a guard who finished his college career in 2006, is accused of shaving points in games during the 2004-05 and 2005-06 seasons. The allegations by federal prosecutors became known last week.

Running back Harvey "Scooter" McDougle Jr. was charged in April 2007 with participating in a bribery scheme to influence sporting contests. A month later, those charges were dropped, but the investigation continued.

"The charges against Mr. Villegas are part of a larger investigation that encompasses Mr. McDougle, and that investigation is ongoing," said Sandra Berchtold, an FBI spokeswoman in Detroit.

Federal prosecutors filed a bill of information in U.S. District Court in Detroit on June 30 that also accused Villegas of paying another player who took part in the point-shaving ring.

McDougle's attorney, James Burdick, said this week that authorities haven't indicated that Villegas is connected with the charges against McDougle.

"I have not heard from anyone, the district attorney or the FBI, that there was anything new of relevance against my client," he said.

A university spokesman last week described the cases as isolated incidents.

### **Top 15 Warning Signs a Student-Athlete has a Gambling Problem:**

A student-athlete or friend may have a gambling problem if he/she...

1. is always in need of money.
2. has extreme cash flow swings characterized by unexplained mounting debts and the display of large amounts of cash or other material possessions.
3. sells personal belongings to get money.
4. borrows or steals from family, friends, teammates or coaches.
5. seems distracted, moody, sad, worried or nervous.
6. misses commitments with the team, at home or at school, or experiences a sudden drop in grades.
7. demonstrates a loss of appetite or sleeplessness.
8. jeopardizes a significant relationship, job, educational, athletics, or career opportunity because of gambling.
9. makes excessive inquiries about the health of athletes on the team.
10. becomes extremely agitated and/or nervous when watching sporting events and is excessively upset when other teams or players lose.
11. frequently uses gambling terminology or the word "bet" in conversation.
12. seems preoccupied with gambling and/or betting.
13. has a relationship with a bookie or an account with an internet or telephone gambling service.
14. goes to gambling establishments with friends.
15. receives gambling paraphernalia from internet sport betting sites or possesses gambling-related items, such as lottery tickets, betting sheets, casino slips or other souvenirs from gambling locations.

**If you or one of your teammates has a gambling problem, please contact the Compliance Office for help.**