



THE WOLF REPORT

May 2007

SUMMER WORKOUT SESSIONS & SAFETY EXCEPTION

Summer Workouts: Coaches are permitted to assist in summer workout sessions in some sports provided they are individual workout sessions and the request for such assistance is initiated by the student-athlete. The following sports may conduct summer workout sessions that meet the above criteria:

- Cross Country
- Golf
- Gymnastics
- Rifle
- Swimming & Diving
- Tennis
- Track & Field
- Wrestling

For sports not listed above, coaches **CANNOT** work with student-athletes during the summer.

Safety Exception: In certain sports, a coach may be present during voluntary individual workouts in the institution's regular practice facility when the student-athlete uses equipment in that sport. These workouts are not considered countable athletically related activities. The coach may provide safety or skill instruction but may not conduct the individual's workout. Prospective student-athletes that attend summer school may engage in activities permitted under the safety exception, provided they undergo a physical prior to participation. The safety exception is applicable to the following sports:

- Gymnastics
- Rifle
- Swimming & Diving
- Track & Field
- Wrestling

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GENERAL PLAYING & PRACTICE SEASON REGULATIONS

The declaration of each sport's playing season must be submitted, in writing, to the department of athletics prior to the beginning of the playing season. The playing season refers to the period of time between the team's first officially recognized practice session and the last practice session or competition, whichever occurs later. For all sports other than football and basketball, a sport may divide the playing season into a maximum of two segments: championship and nonchampionship. Championship refers to the segment during which the NCAA championship is conducted. Each sport is limited to a maximum number of days that may be declared "in season" each year:

- 132: baseball, soccer, softball, volleyball
- 144: cross country, golf, gymnastics, rifle, swimming, tennis, wrestling
- 156: track (indoor & outdoor combined)
- Basketball & Football: the season is counted from the beginning of preseason practice through the end of the regular season.

Every day must be counted while in season, excluding one required day off during each week. All official vacation, holiday, and final exam periods during which **NO** practice or competition occurs may also be excluded. During all in season segments, required activities are limited to a maximum of 20 hours per week and four hours per day. All competition and any associated athletically required activities on the day of competition shall count as three hours, regardless of the actual duration of such activities. All changes to the declared season must be submitted in writing.

Remember, these guidelines are very basic and only provide an overview of playing & practice season regulations. Please refer to the NCAA manual and the Compliance staff for sport-specific questions.

NOTE CARDS

Effective August 1, 2007, institutional note cards that are provided to prospective student-athletes may not exceed 8-1/2 by 11 inches when opened in full. Additionally, such cards may contain only the institution's name and logo or an athletics logo on the outside and may not include any preprinted information on the inside of the note card.

Q: Is it permissible to include multiple logos on the outside of the note card?

A: No. Each card may only include the institution's name and either a single institutional or single athletics logo.

Q: Is it permissible to use a sport-specific logo and have sport-specific note cards?

A: Yes. It is permissible to use sport-specific logos and note cards. These logos do not have to be registered trademarks, but must be an official logo for that specific sport (e.g., logo is used on other materials and/or merchandise).

Q: Is it permissible to use color ink, foil, and/or embossing on the outside of the card?

A: Yes. The legislation limits the type of information that may be included on the outside of the card, but not the printing mechanism or technique used to present the information. Note cards may include a solid color border around the outside edge; however, that border may not include pictures of any items (e.g., golf balls, basketballs).

Q: Is it permissible to use color paper or color stock for the note cards?

A: Yes. The legislation limits the total size of the note card, but not the color or type of paper that is used to make the note card.

Q: How does the legislation apply to cards that are not rectangular in shape?

A: The legislation does not limit the shape of the note card. However, regardless of the shape, when opened in full, the note card must fit within the area of a rectangle that measures 8-1/2 by 11 inches.

Q: What would constitute preprinted information?

A: The inside of the note cards must be blank when received from the publisher or printer that produces the cards. Therefore, any printing on the inside would constitute preprinted information.

Q: Is it permissible to print a message on the inside of a note card using a printer or copier?

A: No. Only handwritten information may be added to the inside of the note card.

Q: Is it permissible to modify the note cards (e.g., cut slits or create folder flaps on the inside of the card) to hold any other materials such as business cards or camp brochures?

A: No. The legislation does not permit preprinted material on the inside of the card. Therefore, attaching other materials (e.g., business cards) to the note card is not permissible.

Q: How does the proposal apply to cards that are not folded or not folded in half?

A: Even if an institutional note card is not folded, or not folded in half (e.g., tri-fold), when the card is opened in full, one side must be considered the outside and the other the inside.

MANDATORY MEDICAL EXAMS

Beginning May 1, 2007, in **all** sports, prospective student-athletes and student-athletes who are beginning their initial season of eligibility are required to undergo a medical examination/evaluation administered or supervised by a physician prior to initial participation in any practice, competition, or out-of-season conditioning activities. In football and basketball, prospective student-athletes who will be first-time participants, are required to undergo such an examination/evaluation prior to participation in voluntary summer weight training or conditioning activities. Returning student-athletes are required to have an updated medical history completed each year. In all cases, the medical examination/evaluation or updated medical history must be administered within six months prior to participation in any practice, competition, or out-of-season conditioning activities.

SUMMER CAMP

All required pre-camp paperwork can be found on the 2007 Camps & Clinics Manual online or in the Compliance Office. Several forms are due at least 21 days prior to the beginning of each camp or clinic—please be aware of these dates. Also, please make sure to submit all post-camp paperwork within 30 days of the conclusion of each camp or clinic. As always, please contact the Compliance Office if you have any questions or concerns regarding camps & clinics.