

NCAA Division I Cross Country/Track and Field Recruiting Calendar

August 1, 2010 through July 31, 2011

(See NCAA Division I Bylaw 13.17.8 for cross country/track and field calendar formula)

The dates in this calendar reflect the application of Bylaw 13.17.8 at the time of publication of this manual but are subject to change per Constitution 5.2.3.1 or if certain dates change (e.g., National Letter of Intent signing dates) are altered.

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| (a) | August 1-14, 2010: | Quiet Period |
| (b) | August 15 through December 12, 2010, [except (1) below]: | Contact Period |
| (1) | November 22 (12:01 a.m.) to November 23, 2010, (12:01 a.m.): | Dead Period |
| (c) | December 13, 2010, through January 2, 2011, [except for (1) below]: | Quiet Period |
| (1) | December 13 (12:01 a.m.) to December 17, 2010, (12:01 a.m.): | Dead Period |
| (d) | January 3 through July 31, 2011, [except for (1) through (3) below]: | Contact Period |
| (1) | January 31 through February 3, 2011: | Dead Period |
| (2) | March 11 (12:01 a.m.) to March 13, 2011, (12:01 a.m.): | Dead Period |
| (3) | June 9 (12:01 a.m.) to June 12, 2011, (12:01 a.m.): | Dead Period |