



## In This Issue

[Coaches -- New Travel Forms and Procedures.....Page 1](#)

[Student-Athlete Travel Reminders.....Page 1](#)

[New Legislation for Coaches and Staff ..... Page 2](#)

[Legislative Reminders for Student-Athletes ..... Page 2](#)

[Compliance Scenario..Page 2](#)

[Back to School Word search ..... Page 3](#)

[Reminders for Coaches and Student-Athletes..... Page 3](#)

[Compliance Office Contacts ..... Page 3](#)

### Up Coming Events

- Aug 14 WSO v. VMI 7pm
  - Aug 15 VB Scrimmage 1pm
  - Aug 19 All Staff Mtg 10am
  - Aug 20 Unity Picknic
  - Aug 21 WSO v. ODU 7 pm
  - Aug 25 MSO v. UNC-G 7pm
  - Aug 26 Make-up Crash Course in Compliance
  - Aug 28 WSO v. Davidson 7:30 pm
  - Aug 28 VB v. Morgan State 12pm
  - Aug 28 VB v. Charleston Southern 7pm
  - Aug 29 Meet the Pack Day (FB) 2pm
  - Aug 29 VB v. Campbell 12pm
  - Aug 29 VB v. Davidson 7pm
- More news on [gopack.com](http://gopack.com)

## COACHES -- NEW TRAVEL FORMS AND PROCEDURES!

### Travel Form Procedure

Starting with the 2009-2010 season, Coaches will be required to declare ALL possible travelers at the beginning of the year.

In addition, it you are now required to submit to the Compliance Office the travel roster 24 hours prior to each away from home contest on business days and no later than noon on Friday for travel on Saturday - Monday.

A new form is now available to complete this information that will also populate meal sheets. Robin Pate will e-mail this form to the coaching staffs. If you do not receive it, please contact Robin to obtain the form. This form is made to be easy, so please email the form to Robin (you do not have to print it out). We will also provide a specific instruction sheet for you to use as a guideline

### Why Change the System?

It is required to declare your travel roster 24 hours prior to each away from home contest so the Compliance Office can certify travel squad limitations and that only eligible student-athletes are traveling with the team. Please do not wait until the last minute to send us your Travel Roster Form if you have the information available.

The Business Office and the Compliance Office are both familiar with the form and can answer any questions about using the form. This form is meant to be easy. Once you set it up, it is very simple and quick to create the team travel roster for each away from home contest. A number of individuals have tested this form and we have made upgrades based on their comments.

We will have another "Crash Course in Compliance" where we will review the new travel form procedure and how the form works on August 26th at 10am in the WB Auditorium. This is not limited to just coaches, anyone who is interested may attend. Whoever prepares or will be preparing these forms for your team should be at this review.

## STUDENT-ATHLETE TRAVEL REMINDERS

- You will be completing and signing new forms when you are travelling to receive per diem.
- When signing these forms, only sign for yourself!
- It is illegal to sign for another student
- Make sure the amount listed is what you receive.

## NEW LEGISLATION FOR COACHES AND STAFF

**Bylaw 13.1.1.3.2**, which permits an institution to contact a student-athlete once they have withdrawn from a four year institution after one year elapses. This bylaw has been amended to exclude student-athletes who withdraw from an institution to complete a church mission if they have signed an NLI. Previously it was permissible to contact a student-athlete from another four year institution once they had officially withdrawn. If the student-athlete does not enroll full-time at the institution within one calendar year after completing the church mission, then an institution may contact the student-athlete without obtaining permission to contact.

**Bylaw 13.4.1.1**, which outlines permissible recruiting materials has been amended. Institutional Postcards are now included on the list. Postcards may be mailed to a prospect, a prospect's parents/legal guardians, their coach or any other individual responsible for teaching or directing the prospect. The postcard cannot exceed 4 1/4 by 6 inches, can only use the institution's name and logo or an athletics logo on one side. The postcards can only include handwritten information (e.g., words, illustrations) on the opposite side when provided to a prospect.

**Bylaw 16.5.2**, which outlines permissible housing and meal benefits has been amended to include additional permissible items. Student-Athletes may now be provided fruit, nuts and bagels at any time. This bylaw is very specific and if the item is not a fruit, nut or bagel it cannot be provided. This would include cream cheese, jelly and other toppings. The intent is to reduce the cost of nutritional supplements for institutions.

## LEGISLATIVE NOTES FOR STUDENT-ATHLETES

It is now permissible for you to receive fruit, nuts and bagels at any time. Please note, this does not include cream cheese, jelly or other toppings. It does not matter what your scholarship status is, all student-athletes are included.

In individual sports (like tennis and golf), you may accept prize money based on your finish/performance as long as a few requirements are met. The event must be an open (not invite only), the competition must occur outside of your sport's playing season, and such prize money may not exceed actual and necessary expenses. Only the sponsor of the event may provide the money.

## COMPLIANCE SCENARIO!

The women's soccer coaches at NC State University would like to send postcards to all of their senior recruits wishing them good luck on their upcoming season. Which of the following is true about postcards?

- A. Cannot exceed 4 1/4 X 6 inches
- B. Contains only the institution's name and logo (or athletics logo) on one side and only handwritten information on the opposite side
- C. Neither A or B is true
- D. Both A and B are true

The answer is D. **NCAA Bylaw 13.4.1.1(k)** states that the dimensions of an institutional postcard may not exceed 4 1/4 by 6 inches. In addition, a postcard may contain only the institution's name and logo or an athletics logo on one side when produced and may include only handwritten information, (e.g., words, illustrations) on the opposite side when provided to the recipients. *(Adopted: 1/14/09 effective 8/1/09)*

**BACK TO SCHOOL WORD SEARCH**

S	T	A	R	W	O	L	F	P	A	C	K	O	F	F
G	R	E	A	T	S	R	E	T	S	O	O	B	L	I
O	O	N	O	I	T	I	T	E	P	M	O	C	A	N
K	S	A	T	C	E	P	S	O	R	P	A	C	K	A
C	T	E	E	L	I	G	I	B	I	L	I	T	Y	N
A	E	L	I	G	I	G	C	R	E	I	P	R	A	C
T	R	A	N	S	F	E	R	A	C	A	H	A	C	I
T	S	T	A	T	I	S	E	A	D	N	E	V	K	A
A	M	R	U	L	E	S	D	L	D	C	L	E	C	L
S	C	H	L	R	S	H	I	P	O	E	U	L	U	A
E	D	W	E	B	S	I	T	E	G	O	S	E	L	I
A	S	C	H	O	L	A	R	S	H	I	P	L	I	D

WORD BANK	
ROSTERS	TRANSFER
WOLFPACK	COMPLIANCE
ELIGIBILITY	GRADES
TRAVEL	RULES
WEBSITE	SCHOLARSHIP
FINANCIAL AID	COMPETITION
PROSPECT	BOOSTER

*Reminders for Coaches:*

- Prospects can begin making official visits to campus on the opening day of classes of their senior year.
- If you are on facebook, join the [Compliance Fan Page](#).
- Send phone numbers of new prospects you are recruiting to [Megan](#) or [Robin](#).
- Potential walk-on or tryout students should see Scott to start the process.
- Send Scott your team’s practice schedule a week prior to the start of practice

*Reminders for Student-Athletes:*

- Check out the [Compliance Website](#) and join the [Compliance Fan Page](#) on facebook.
- Complete an [Employment Form](#) (available at Compliance) if you are having a job during the school year.
- Scholarship and Pell Students can begin turning in receipts after Fall classes begin.
- For Full Scholarship student-athletes, the first day to pick up books is August 17th.



[Gopack.com/compliance](http://Gopack.com/compliance)

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